

Write Where It Hurts

Women are divinely created for a joy-filled life of purpose, but emotional clutter often gets in the way of God's plans. Sometimes we need a safe place to cut through the hard stuff.

WRITING AS A HEALING TOOL **WORKSHOPS**

Jo Ann Fore leads women on a heart-journey into a new land. A place where painful life experiences serve as a path to a greater purpose, and redemption becomes more important than explanation.

Write Where It Hurts is a one-of-a-kind, life-changing workshop where women learn to use expressive writing and biblical truth to reconcile painful life experiences with God's purpose for their lives.

Many women use journaling as a form of self-therapy, but it often amounts to little more than unburdening. Without divine intervention, journaling in itself doesn't usually lead to a genuine healing connection.

Write Where It Hurts workshops offer simple, yet transformative writing exercises in a safe and supportive environment. Participants learn to:

- Release the stories of a painful past
- Move beyond deep-rooted hurts
- Uncover faulty thinking
- Grasp the comfort of the sovereignty of God
- Make changes that last

Jo Ann Fore

Author • Mentor • Speaker

AUTHENTIC. COMPELLING. SHATTERING STRONGHOLDS.



Jo Ann Fore offers hope, inspiration, and practical tools to help women live the lives they have always wanted to live. Jo Ann is a freelance writer, author, and certified Life Coach who is passionate about making a difference in the lives of women. She captivates her audience with authentic vulnerability—her faith-filled messages caramelized with a powerful promise of hope. To invite Jo Ann to be a part of your next event (live or online) email:

joannfore@WriteWhereItHurts.org • www.WriteWhereItHurts.org



www.facebook.com/WriteWhereItHurts



twitter.com/JoAnnFore

What others are saying...

Jo Ann's passion is contagious. She has a unique ability to draw out the heart of a woman's story. Jo Ann's healing words nurture and challenge the core of countless women as she demonstrates how God uses every piece of our lives. And how He takes every willing woman, no matter how broken her past, and intrinsically weaves every thread of their lives into His kingdom-building plan.

- Dr. Katie Brazelton, Founder, Life Purpose Coaching Centers International® (California)

Jo Ann's encouragement and faith in me has totally freed me from my negative and self-pitying attitude. Somehow even the sky is bluer and the grass greener now that the (emotional) barriers have been pulled from my mind. God sent her into my life when I most needed expert help. - Wyn Barratt, Poet/Songwriter (Australia)

Jo Ann helped me write through one of the most painful seasons of my life. She guided me with her loving encouragement, her thought-provoking questions, and her accepting tone. She granted me the freedom and permission to dive into the murky waters--where I found my voice. It was there that my Father God was waiting for me. Thank you, Jo Ann, for helping me get to the other side, one word at a time. - Diane Cunningham, Founder & President, National Association of Christian Women Entrepreneurs (Texas)

Jo Ann, you are an inspiration! Thank you for your kindness and for the very real security I felt in the workshop. That is so very important. Your workshops are so valuable to us women who have a difficult time expressing our feelings. Being able to journal through this is a wonderful way to express those emotions and deepest secrets. Thank you for the tools, information, and security I found in your workshop. For me, healing comes with writing. - Darlene Covert (Tennessee)

I just want to hug you right now. Nothing you said should have brought me to tears, yet I find myself overwhelmed with emotion. Family and friends would tell you I'm not an emotional person--it's just a combination of the rawness and you simply understanding where I'm coming from. Thank you for conveying that understanding. - Elizabeth Buhrke (Wisconsin)

Jo Ann, I was so blessed to have you teach this class. You are so right about our need to confront our deepest darkest feelings. I didn't know what to expect, but you had a way of helping us reach deep inside while showing us what we need to do to face our demons. And more importantly, what we have to do to rid ourselves of them. Thank you! - Pat Eunis (Tennessee)

What an incredible blessing and help Jo Ann has been to me in my ministry. On several occasions she has helped with different projects and I have always been impressed with her input. In addition to her gift in writing, she has a wonderful spirit and is great to work with. - Johnny Chase, Pastor (Tennessee)

Jo Ann has a beautiful heart. She inspired me to write for my healing and I am. If you have a desire to bring the best out of yourself, make time to work with her. She believes in you and instills a vision of a satisfied (healed) woman in you.

- Grace Sabarus, Leadership Coach (Jakarta, Indonesia)



www.WriteWhereItHurts.org

